



## Details for Updating FACULTY PROFILES on Website

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| 1.                             | Name of the Faculty                                | Dr. Anu Mohandas   |
| 2.                             | Department   | Community Medicine   |
| 3.                             | Current Designation                                | Assistant Professor  |
| 4.                             | Registration Number                                | TCMC 46070   |
| <b>Academic Qualifications</b> |  |  |
| 5.                             | UG Qualification +<br>Name of<br>College/Institute | MBBS<br>SUT ACADEMY OF MEDICAL SCIENCES<br>KERALA UNIVERSITY   |
| 6.                             | PG Qualification +<br>Name of<br>College/Institute | MD COMMUNITY MEDICINE<br>UNIVERSITY COLLEGE OF MEDICAL<br>SCIENCES ,DELHI<br>DELHI UNIVERSITY                                  |
| 7.                             | Any Additional<br>Qualifications                   | Certificate Course in Geriatrics and Gerontology<br>Khaja Bandanawaz University & Geriatric Society<br>of India ; Reg No. 0091 |

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| Number of Years of Experience        | 7 years 9 months  |
| Publications<br>(in Vancouver Style) | <ol style="list-style-type: none"><li>1. <b>Mohandas A*</b>, Bhasin SK, Upadhyay M, Madhu S.V. Diabetes self care activities amongst adults 20 years and above residing in a resettlement colony in East Delhi. Indian J Public health. 2018 Apr-Jun;62(2):104-110.</li><li>2. Titoria R, <b>Mohandas A</b>. A glance on public private partnership: an opportunity for developing nations to achieve universal health coverage. Int J Community Med Public Health 2019;6:1353-7.</li><li>3. Titoria R, <b>Mohandas A</b>, Gupta G. Association of mood disorder and modifiable lifestyle risk factors in medical students: a crosssectional study. Int J Res Med Sci 2019;7:3434-9</li><li>4. Thomas B, Chandran P, Lilabi MP, George B, Sivakumar CP, Jayadev VK, Bindu V, Rajasi RS, Vijayan B, <b>Mohandas A</b>, Hafeez N. Nipah virus infection in Kozhikode, Kerala, South India, in 2018: epidemiology of an outbreak of an emerging disease. Indian journal of community medicine: official publication of Indian Association of Preventive &amp; Social Medicine. 2019 Oct;44(4):383.</li><li>5. Varma P, <b>Mohandas A*</b>, Pattnaik S, Balakrishna N, Kranthi KG. A community based study on dengue awareness and preventive practices among urban slum population in Hyderabad, South India. Int J Res Med Sci 2021;9:479-84.</li><li>6. Pattnaik S, Challa Sairam, Syed Saba, Mathur Neeta, Das B.N, Varma Pavani, <b>Mohandas A</b>, "<i>Coverage Evaluation of BCG, MR, and New vaccines (Fipv, Fractional Dose Inactivated Polio Vaccine) Under Universal Immunization Program and Optional Vaccines In Rural India</i>" SSRG International Journal of Medical Science 8.4 (2021): 1-4</li><li>7. Das BN, <b>Mohandas A*</b>, Syed S. Study of stress, anxiety, depression and coping strategies among nursing students in a tertiary care teaching hospital, South India. Int J Community Med Public Health 2021;8:3400-5.</li><li>8. Bandegudda S, Gupta A, Sharma SB, <b>Mohandas A</b>. Role of Diet in Renal Stone Disease in Indian Population: A Case Control Study. Int J Nutr Sci. 2021;6(3):2-9.</li><li>9. Bandeudda S, Gopal A, <b>Mohandas A</b>. Horse shoe anorectal abscess in pregnancy: fetus vs abscess. International Surgery Journal. 2022 Jul 26;9(8):1507-9.</li><li>10. Das BN, <b>Mohandas A*</b>, Killi B. Prevalence and associated factors of domestic violence among married women in an</li></ol> |

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|   | <p>urban slum in south India. J Family Med Prim Care 2022;11:1006-11.</p> <p>11. <b>Mohandas A*</b>, Bhasin SK, Upadhyay M, Madhu SV. A Cross Sectional Study on Compliance to Diet Self Care among Adult Diabetics in an Urban Resettlement Colony of East Delhi. Int J Nutr Sci. 2022;7(1):26-33.doi: 10.30476/IJNS.2022.94528.1177.</p> <p>12. Thomas B, <b>Mohandas A*</b>, Jayadev VK, Bindu V. Hepatitis B surface antibody levels among health-care personnel vaccinated against hepatitis B in a teaching hospital in South India. Indian Journal of Community Medicine. 2022 Apr 1;47(2):262-5.</p> <p><b>Google Scholar Profile:</b><br/> <b>Citations 58; h-index 3</b><br/> <a href="https://scholar.google.com/citations?user=2ylom2sAAAAJ&amp;hl=en">https://scholar.google.com/citations?user=2ylom2sAAAAJ&amp;hl=en</a></p>  |
| <p>Presentations (in Conferences/ CMEs)</p> | <ol style="list-style-type: none"> <li>i. Presented a paper entitled “A Study Of Morbidity Pattern Among Geriatric Population Attending Opd of Uhtc Dallupura” in 42<sup>nd</sup> Annual National Conference of the Indian Association of Preventive and Social Medicine held on 26<sup>th</sup> -28<sup>th</sup> February, 2015</li> <li>ii. Presented a paper entitled “Prevalence of Risk Factors In Coronary Heart Disease: A Hospital Based Cross Sectional Study” in the 18<sup>th</sup> Annual Conference of North Zone- Indian Association of Preventive and Social Medicine held on 29<sup>th</sup> and 30<sup>th</sup> November 2014</li> <li>iii. Presented a paper entitled “Diabetes Self Care Activities Amongst Adults 20 Years And Above Residing In A Resettlement Colony In East Delhi” in the 60<sup>th</sup> National Annual Conference of Indian Public Health Association held from 4<sup>th</sup>-6<sup>th</sup> March, 2016</li> <li>iv. Presented a paper entitled “Predictors Of Self-Care Activities Among Adult Diabetic Patients In A Resettlement Colony In East Delhi” in the 61<sup>st</sup> National Annual Conference of Indian Public Health Association held from 24<sup>th</sup>-26<sup>th</sup> February, 2017.</li> <li>v. Presented poster titled “Status of Anti-Hepatitis B surface Antigen titers among vaccinated Health Care Personnel in a Teaching hospital in South India”- IAPSM 2021</li> <li>vi. Presented poster titled “ Prevalence of TB among Known Diabetic patients and its determinants” at NATCON 2021</li> <li>vii. Oral Presentation on Prevalence and associated factors of domestic violence among married women in an urban slum in south India at 66<sup>th</sup> Annual IPHA Conference, Pune: IPHACON 2022 23<sup>rd</sup> to 25<sup>th</sup> September 2022</li> </ol> |

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| <p>Projects (Ongoing &amp; Completed)</p>                                 | <ol style="list-style-type: none"> <li>1. Diabetes Self Care Activities Amongst Adults 20 Years And Above Residing In A Resettlement Colony In East Delhi</li> <li>2. Association of mood disorder and modifiable lifestyle risk factors in medical students: a crosssectional study</li> <li>3. Hepatitis B surface antibody levels among health-care personnel vaccinated against hepatitis B in a teaching hospital in South India</li> <li>4. A community based study on dengue awareness and preventive practices among urban slum population in Hyderabad, South India</li> <li>5. <i>Coverage Evaluation of BCG, MR, and New vaccines (Fipv, Fractional Dose Inactivated Polio Vaccine) Under Universal Immunization Program and Optional Vaccines In Rural India</i></li> <li>6. Study of stress, anxiety, depression and coping strategies among nursing students in a tertiary care teaching hospital, South India</li> <li>7. Prevalence and associated factors of domestic violence among married women in an urban slum in south India</li> <li>8. Growing up in Pandemic : the impact of COVID 19 pandemic on immunization coverage among children in a rural population of Telangana: EC/NEW/INST/2021/1527/08/010</li> <li>9. Utilisation of Nikshay Poshan Yojana among Tuberculosis patients: Seeking evidence from the community : EC/NEW/INST/2021/1527/08/006</li> <li>10..Extent of Nutritional failure among under-five children: A cross-sectional assessment using Composite index of Anthropometric failure &amp; diet in an urban slum of Telangana.</li> </ol> |
| <p>Positions Held / Accomplishments / Awards / Grants (if applicable)</p> | <ol style="list-style-type: none"> <li>1. Best Paper Award “Diabetes Self Care Activities Amongst Adults 20 Years And Above Residing In A Resettlement Colony In East Delhi” in the 60<sup>th</sup> National Annual Conference of Indian Public Health Association (IPHACON 2016) held from 4<sup>th</sup>-6<sup>th</sup> March, 2016</li> <li>2. Has done the Revised Basic Course of Medical Education and Curriculum Implementation Support Programme</li> <li>3. Has completed the Basic Course of Bio-Medical Research</li> </ol>   |
| <p>Areas of Interest</p>  | <p>Non Communicable Diseases; Malnutrition</p>   |