



Mission Statement

"Our mission is to bring healthcare of international standards within the reach of every individual. We are committed to the achievement and maintenance of excellence in education, research and health care for the benefit of humanity"

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Ms. Aparna Reddy K

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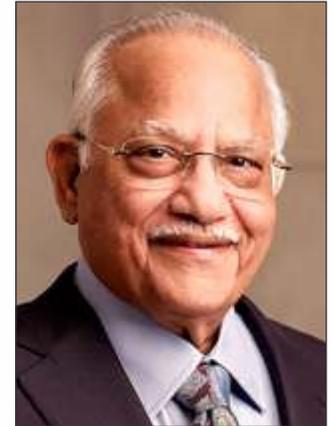
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The present day is an era defined by availability of widespread information and a rapid pace of change. In this milieu, it is commendable that the Apollo Medical College, Hyderabad has initiated the publication of a quarterly newsletter, beginning in the New Year, from January 2020 onwards.

The coming year will be a landmark one for the institution as it progresses to becoming a post graduate medical college. So, bearing this in mind, the newsletter would be a wonderful platform to showcase the college's academic strength, research potential and excellent patient care services.

Also as a communication tool, the newsletter would be instrumental in keeping the students, faculty, parents and the society abreast of the developments and activities taking place at the college.

On behalf of the Apollo Hospitals management, I am extending our commendations to the editorial board and wish them success with this initiative. In the near term, I am hopeful that as a tool, it will help Apollo Medical College, Hyderabad engage much more with the larger organization and be a stronger force in healthcare.

Wishing all good health and happiness in the New Year 2020!

Dr Prathap C Reddy
Founder Chairman
Apollo Hospitals Group



Dean's Corner!!

Dr. Dilip Mathai

It is gratifying to see the faculty come forward spontaneously (without any coercion or arm twisting), with an innovative idea to capture and chronicle academic presentations, achievements of both staff and students, the highlights of College cultural programs and activities, recognize cherished moments of students etc, through a quarterly newsletter.

The outline for this was initially presented at the meeting of the College Council less than a month ago. Within days, I witnessed the fervour with which the editorial team led by the Principal Professor Dr.Surendar Reddy and Dr.Prashanth of Forensic Medicine have created an assemblage of volunteers of creative writers to contribute to this the first edition to be published in January 2020. The idea is brilliant

and as it will chronicle all events without any attrition in memory over time. This is especially the case as the Deans Office has been presenting this information as a part of Apollo Excellence report, Apollo Achieve ,Annual Reports and Awards. The four 'A"s were a nightmare for the Dean as showcasing all activities takes up a lot of time. Unfortunately, It has to be completed during the last two months of the year. As you all know, this is the busiest season with examinations, celebrations and closing of the leave year.

Quite unknown to me, while drawing up the broad outline for this compilation, the editorial team had assigned a corner reserved for my message. I understand that this will also be periodic submission from my desk. So contrary to my expectations, the Dean's office has to work on this four times a year to compile and concisely present it for

regular submission!!

I had initially refused myself from being a part of the editorial board to have an unbiased democratic view of the points expressed. The onus would be on choosing the relevant and appropriate submissions without the constant constraints of brevity, style or peer review that is usually ascribed to this office.

For the first edition, like they teach in exercise physiology, I would really like to raise the efforts of my office from a modest to a higher resistance load so that all motor units are sequentially recruited –from the slow-twitch to the intermediate – twitch and to the largest fast-twitch motor units until exhaustion.

So at the beginning of the year, I am listing out the activities that I propose to do to see if I can walk the talk in the time frame that I have by stimulating all muscle groups or cognitive elements to achieve them:



Graduation Ceremony 2012 Batch, Chief Guest Padma Sri A.G.K. Gokhale



Graduation Ceremony 2013 Batch
Chief Guest Padma Bhushan Dr. B.M. Hegde



Dr. Divya Sudireddy, best out going student 2013 batch

1. Institute a once a fortnight academic presentation by faculty on "What's new in my specialty". The first presentation would be by me in the second fortnight of January.
2. Activate the Dean's Office in the hospital to implement the competency based clinical curriculum of both UGs and PGs.
3. Ensure that the teaching hospital is self-supporting in revenue to achieve the goals of clinical teaching, research and community service and for this create a Hospital Revenue and Assessment unit under the department of finance and accounts
4. Establish a Health Promotion and Disease Prevention Unit for Staff, Students and the

community. We are all doctors of Pathology. We know that 5% of the health needs are curative and in the remainder, 95% disease prevention and health in the various age and gender categories are not emphasized.

5. Create a "Hall of Fame" appreciation for hospital staff for achieving quality parameters that promote patient safety and better outcomes laid out by the office of MS, Admin and HR.

I am also hopeful that each faculty, staff and the department would set their own individual agenda or as a group (you can change, dream and innovate any relevant activity that is beyond self and you can have the assurance of this office that it would be fully supported).

So reverting to the analogy of muscle physiology, what really determines the recruitment (achievement) rate of muscle is the load that we select, in the time frame that we have, to create not only an Institute of Eminence but fulfill a rich Legacy, The Apollo Medical College Hyderabad truly deserves this in its first decade of founding.

So, a newsletter published periodically that chronicles step by step achievement showcasing each one of us is definitely worthy of a wonderful introduction and support by all staff and students.

Best Wishes to
The Editorial Board,

Alumni Corner

Five and a half years at Apollo Institute of Medical Sciences & Research and I can still very graphically recall the day I started it. This peregrination taught me many things I will dearly value lifelong. It has been a manifold of sentimental memories, adventurous celebrations, fruitful friendships, unexpected events, triumphant situations and infinite teachings.

At Apollo I've learnt to believe in myself and believe in the pursuit of achieving that glory you might not comprehend initially but you eventually learn to go beyond what can be seen because to become a successful doctor you need to realize that there is so much to learn, so much to give, so much to realize, so much to understand and so much to life.

These five years have been of constancy, commitment, faith, dedication, determination, contemplation, varying pressure, battling those



Dr. Mohammad Nehad Khan (Batch 2012) who received University Gold medal as the overall topper, for having secured the highest aggregate marks in all the final MBBS subjects. He also secured a PG seat for MS in General Surgery, at Gandhi Medical College

depression calls, grievances, contrition and the occasional thoughts of surrendering and walking away. Finally the relish of having a degree for saving a life and salvaging reality only makes it worthwhile and those five years of distemper evanescent.

Thank you Apollo!
Dr. Mohammad Nehad Khan



Ms. Aparna Reddy K

Chief Operations Officer (COO)
The Apollo Medical College, Hyderabad.

At this time when the world at large is looking at internet about health, some of the most useful health information can be found in a surprisingly low-tech place: The Letterbox.

The mission of The Apollo Medical College is to promote a strong relationship between the alumni, faculty, administration & students. To foster this relationship, we have evolved with our own newsletter **“Apollo Eunoia”**.

The **“Apollo Eunoia”** gives the society access to some of the top medical minds in the country and will try to fill an information gap that even the vast resources of internet can’t bridge. We offer a steady stream of credible, practical health information in a fast, easy to read and portable format and is vetted for accuracy by professors, researchers & other experts. All these will make The Apollo Eunoia a feather in the cap of our institute

Best Wishes to The Editorial Board,

HR theme for 2019 was Apollo Positive (A+VE).

All the positive attributes of each and every employee was taken from the fellow colleagues and gifted to those particular employees in the form of a memento.



METCON 2019 annual conference of Association of Medical Educationists was conducted from 4th to 6th January 2019



Republic Day celebrations, theme – “We are one” faculty dressed in traditional attires of various states.



Mr. A.P.V. Reddy Treasurer AHERF, hoisted the National flag on Independence Day where our students has awed us with their march-past.



Communication & Leadership workshop conducted by Personality development trainers from a well known Meditation Institute.

Weekly Clinical Meet Topics

Teachers Day-2019 Favourite Teacher Award



Dr. B. Ram Reddy



Dr. Sri Krishna



Dr. K. Neetha



Dr. Prapthi Persis



Dr. Rohit K. Phadnis

TOPIC

Placenta spuria in collobaration with Gynecology Department
 Role of platelet indices in patients with dengue infection
 Role of artificial neural networks in diagnostic pathology
 Well differentiated endometrioid adenocarcinoma with bilateral seromucinous cystadenofibroma,in collaboration with Gynecology department
 Skin Xanthoma,in collaboration with Dermatology department
 Embalming of HIV infected cadaver
 Dry and wet lab integration-current scenarios
 Role of pharmacogenomics in clinical practice
 Medico legal aspects of discharge of patient
 National program for prevention of Non Communicable Disease
 Automation in clinical laboratory
 Antimicrobial Stewardship program
 Surgical site infections: Basics and beyond
 End tuberculosis by 2015
 Preparation of AIMSIR to handle air borne viral infections
 Toxic epidermal necrolysis
 PCPNDT act
 ROC analysis in evidence based medicine
 Embryological and genetic aspects of Atrial septal defects
 Magnesium levels in acute emergencies
 A case of head ache
 Recent updates on antihypertensive drugs
 Lab diagnosis of enteric fever with reference to Widal test
 Pursuit of p value <0.05 in biomedical research –A holy grail or bottomless pit
 Interesting case of sudden visual loss
 Two interesting cases of pancreatic calculi
 Importance of endometrial biopsy in post menopausal women
 Interesting case of bone tumor
 Case of Rickettsial fever
 Rare case of Bronchiectasis
 Coblation Adenotonsillectomy
 MRI in ischaemic stroke
 Probing in refractory meibomian gland dysfunction
 Case of single lung ventilation
 TMJ disorders
 Interesting cases of Bullous lesions
 Cases of Delirium
 Interesting case of early coronary artery disease in a young patient
 Case of cholecystectomy
 Placental abnormalities
 Child with cervical spine injury and quadriplegia
 Two interesting cases of bone tumors
 Whole genomic sequencing in tuberculosis with case scenarios
 Diverse pathologies of the Jaws current state of art
 Role of Otoacoustic emission test in early hearing detection and intervention
 Nanophthalmos
 Common antibiotic usage in surgical Departments
 Interesting cases

Department

Pathology
 Pathology
 Pathology

 Pathology
 Pathology
 Anatomy
 Physiology
 Pharmacology
 Forensic medicine
 SPM
 Biochemistry
 Microbiology
 Microbiology
 SPM
 Microbiology
 Pharmacology
 Forensic medicine
 Physiology
 Anatomy
 Biochemistry
 SPM
 Pharmacology
 Microbiology

 Physiology
 Gen.medicine
 Gen.Surgery
 Obgyn
 Orthopedics
 Paediatrics
 pulmonology
 ENT
 Radiology
 Ophthalmology
 Anesthesia
 Dentistry
 DVL
 Psychiatry
 General medicine
 General surgery
 Obgyn
 Paediatrics
 Orthopaedics
 Pulmonology
 Dentistry

 ENT
 Ophthalmology
 General surgery
 Radiology

Parent Feed back

It's my pleasure to write a few words about The Apollo Medical College. As a parent of two daughters who attend the MBBS course at Apollo, it's my sincere gratitude to the outstanding teaching faculty, The Dean and his office staff.

My first daughter Divya joined the Apollo in 2013 as a merit student through EAMCET. She has graduated in 2019 as a best out going student. She was awarded with Prathap C. Reddy gold medal for achieving best in the academics. This wouldn't have been possible without the world class education and dedicated teaching staff and of course her hard work.

My second daughter Kavya also chose Apollo after achieving merit rank in EAMCET in 2015.

As a teaching faculty member myself at University of Massachusetts Medical School in Boston, I can say that the education, state of the art laboratories, clinical training and research opportunities Apollo provides are excellent and comparable to US medical education.

Dr Veera Reddy S
(USA)



Holistic Medicine Department was inaugurated by Dr. Sachin Parab



International Women's Day celebrations



International Yoga Day.



Doctors Day celebrations

Patient Feedback

I am Niharika age 24 years. Apollo treatment is very good; I had come to this hospital with pregnancy in a critical position. Now I am fine. Treatment bill is low budget. All doctor's care is very good. I am fine now and happy.

L. Niharika
Chintapalli (v),
Peddavoora (M), Nalgonda .

Faculty Sports Achievements

1. **Dr Malini Dutta**, Professor in Physiology : Won 2nd prize in 10K marathon organised for RUN FOR EDUCATION ,HYDERABAD
2. **Dr Chandipriya**, Assistant Professor of Anatomy: Won 1st prize in caroms mixed doubles, along with **Dr. Vinod** (ENT), in competition for staff conducted in May'19



Director of Medical education Dr K Ramesh Reddy
Chief Guest For ANASTOMOZ 2019 Sports day

Faculty Academic Achievements



Dr Parmeet Kaur, Assistant Professor of Microbiology was chosen to be a participant in "3rd National Training cum Workshop on Hospital Infection Control" at JIPMER in Feb 2019 and was awarded as the top scorer in the quiz there. Now, holds a prestigious certificate in Infection control (CIC)

Dr Saju, Associate Professor of Anatomy, bagged Consolation Prize for the study, "A randomized double blind study to determine the effect of Bio-fortified Pearl millet compared to conventional Pearl millet among Pre-school children with anemia residing in Urban Slums of Hyderabad – An Inter-professional Approach, a FAIMER Project with Manipal FAIMER Institute

Dr.Uma Unnikrishnan, Associate Professor of Biochemistry has won the First prize for Poster presentation in Faculty category at the Third State Conference of Telangana chapter- Association of Medical Biochemists of India TS-AMBI held in June 2019 at Nizams Institute of Medical Sciences Hyderabad



Dandia Night 2019



Aids Day - Awareness

Faculty invited for Guest Lecture

1. Guest lectures by **Dr G Surendar Reddy** Prof & HOD & Dr M Prashanth, Prof at RBVRR Telangana State Police Academy for the training of around 200 in-service Sub Inspectors of Telangana State
2. **Dr M Prashanth**, Prof was invited as a Guest speaker at Kamineni Institute of Medical Sciences, Narketpally for FORENSIC PSYCHIATRICON-2019 CME with the theme Enhancing Awareness in Forensic Medicine on sexual assaults (New Laws & Guidelines).

Special awards

1. **Dr Dilip Mathai**, Dean was honoured with Lifetime Achievement Award for his exemplary scientific contribution to the field of infectious disease and HIV by AIDS society of India at ASICON 2019.
2. **Dr.Jaya Bhasker Reddy**, Professor and HOD of Pathology, was felicitated for contribution in pathology at IAPM-Telangana State Chapter, SEPT 2019, conducted at PIMS, Karimnagar.



KNRUHS Registrar: Dr. D. Praveen Kumar Chief Guest for White coat ceremony of 2019 batch





The Apollo Medical College Hospital

Jubilee Hills, Hyderabad

24x7 Services Accidents and Emergencies,
Medical-Surgical-Pediatric
Critical Care and Maternity Care

SPECIALITY SERVICES

- General Medicine • General & Laparoscopic Surgery
 - Orthopedics & Musculo Skeletal Surgery
 - Obstetrics and Gynecology • Dermatology
 - Paediatrics • ENT • Ophthalmology
- Pulmonary Medicine • Laboratory Medicine • Psychiatry
 - Imaging Sciences and Radiology • Dentistry

SUPER SPECIALITY SERVICES

SURGICAL SUPER SPECIALITY SERVICES

- Neurosurgery including spinal
- Urology
- Surgical Gastroenterology
- Plastic Surgery
- Vascular Surgery
- Surgical Oncology

MEDICAL SUPER SPECIALITY SERVICES

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- Nephrology
- Medical Gastroenterology

24X7 SERVICES

Laboratory Services

- Bio Chemistry •
- Microbiology •
- Pathology •

- Blood Bank •

Dialysis Services available

Radiology Services

- MRI Scan (1.5 Tesla)
- CT Scan (128 Slice)
- Endoscopy • Ultra Sound
- Digital X Ray • Colour Doppler
- Fluoroscopy • Tread Mill Test
- High-definition 2D Echo

Emergency Medicine & Medical Intensive Care Unit (MICU)

Neonatal intensive Care Unit (NICU)

Paediatric Intensive Care Unit (PICU)

Surgical Intensive Care Unit (SICU)

Respiratory Intensive Care Unit (RICU)

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